



STEP.up is a MICHR-sponsored formal mentorship program for research staff. It is geared specifically to research staff working in a variety of roles: research assistant, coordinator, data manager, lab manager, etc. We will pair senior research staff with individuals who are earlier in their career or new to their role. Mentees collaborate with their mentor to set and work towards a professional development goal over the course of the 9-month long program.

We are currently accepting mentor and mentee applications for our fourth cohort. Each year we have limited number of pairs. A major consideration for acceptance is whether we can make an appropriate match between potential mentor and mentee.

PROGRAM DETAILS

- 9-month program from October 2021 – June 2022
- Mentor training session for mentors only: up to 2 hours in length
- Program Kick-off session for mentors and mentees: up to 2 hours in length
- Expected monthly time commitment for mentors and mentees is approximately 1 hour/month to meet, plus time spent working towards your [mentee] professional development goal
- Optional Engagement Activities – twice during the program we offer discussions or presentations for the whole STEP.up network, including mentors and mentees from previous cohorts, on topics related to professional development and career growth
- End-of-program Celebration to acknowledge everyone's hard work and to network with peers

KEY DATES

- August 1, 2021: applications due
- September/Early October 2021: mentees will be notified of their acceptance
- October 2021: mentor training session and program kick-off session with mentees, mentors and Advisory Board
- June 2022: end-of-program celebration

PROGRAM COORDINATORS

Angela Lyden, MS (alyden@med.umich.edu)

Gloria Harrington, MBA, LMSW, CCRP (gjharrin@med.umich.edu)

Advisory Board

Brenda Eakin, MS – MICHR • Ari Bhaumik, CCRP – Neurology • Erin Miller, MS – Psychiatry • Jen Miner, BS, MBA, CCRC – Physical Medicine & Rehabilitation • Kathy Scott, BSN – Anesthesiology • Reema Kadri, MLIS – Family Medicine • Sana Shaikh, MD, CCRP - Anesthesiology